



Traversée du Lac Tremblant Ultraswim Canada Host Global Swim Series North American Championships

Mont-Tremblant, December 11 2019 - The Global Swim Series North American Championships will take place for the first time in Mont-Tremblant, Québec, Canada. From August 14 to 16 2020, Traversée du Lac Tremblant's 5 km and 12 km Ultraswim distances have been selected as the North American series' official race events.

"We are very proud of our event's progression within the Global Swim Series. Last year, participants collected points towards their overall ranking but this year, our event has become a must-attend for anyone who wants to seriously advance within the series rankings. Along with the event's new status, the weighting of results will clearly become much more important," said race event producer and director André Soulières.

The sanctioned championship race events are as follows:

- **The 12 km Ultraswim** – Both demanding yet exalting, this distance pits swimmers against a sizeable challenge. Lac Tremblant spans across 12 km and competitors must cover its entire length. Athletes will be taxied by boat to the departure point at the North end of the lake, a picturesque and remote area. Throughout the event, racers are plunged into glorious scenery comprised of mountains, lake and nature. During the competition, every competitor is accompanied by a kayaker ensuring swimmer safety and furthermore, a dedicated team will also be deployed to cover participant safety.
- **The 5 km** – This new category on the Traversée program is the natural progression between the 3 and 12 km race distances: It offers 3 km swimmers an opportunity to move up one level before considering longer distances.

"La Traversée du Lac Tremblant Ultraswim Canada's step up to the North American championship level was for us a very natural progression given the challenge it proposes, and its setup that meets championship requirements perfectly," said the Global Swim Series CEO, Rob Kent.

Unique Site

La Traversée du Lac Tremblant Ultraswim Canada takes place in Mont-Tremblant's superb setting. It is the only event of its type to offer an extensive array of lodgings, restaurants, activities and visitor attractions near the event site. At Tremblant resort, everything is within walking distance – from five star hotels to family restaurants and a full lineup of activities. Steps away, athletes and their families are sure to find everything they need during the three-day race event.

Located near major roadways that connect to important Canadian and American cities, in addition to being only 45 minutes from an airport proposing connector flights to Toronto with Porter Airlines, the destination is easy to reach for everyone. Renowned for its skiing and beautiful wilderness setting, Tremblant resort is a one and a half hour drive from Montreal, Québec and under two hours from Ottawa, Ontario.

Among the expected 1,000 swimmers, some are returning racers who are very well known on the

Commanditaires :



Partenaires :





international open water swim scene:

- Xavier Desharnais, open water long distance swimmer: 1st in Canada, 3rd worldwide and the official spokesperson for La Traversée du Lac Tremblant 2020
- Bertrand Venturi, World Cup Coach and elite open water swimmer

La Traversée du Lac Tremblant is presented thanks to funding from the Government of Québec.

About Traversée du Lac Tremblant

For Catherine Levasseur and Stéphanie Deschamps, no summer is complete without Traversée du Lac Tremblant swimming event. Two friends. One lake. And one long swim adventure. Every year, the two friends would meet to conquer the lake’s 12 km. Soon a dozen or so other brave open water warriors joined them in taking up the challenge. By 2019 – a mere 4 years after their first group swim – Traversée du Lac Tremblant had joined the ranks of other international events, becoming a member of the world Global Swim Series that spans across three days, with three swim distances: 1, 3 and the mythical 12 km crossing. An expedition where the challenge is carefully metted out, taken up and where success is reserved for a hallowed few. Traversée du Lac Tremblant is an epic adventure. In fact, it’s the swim of a lifetime.

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2019 photo bank available [here](#) © Jean-Marie Savard

Source and Information

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